

Fresno Area LGBTQ+ Affirming Therapists

Supportive and affirming mental health care is vital. Working with a professional who understands the systemic stressors upon, and unique needs of our community can be a healing, transformative experience.

We do not endorse any specific therapist or mental health treatment modality over another. Many providers offer a brief introductory consultation, and we encourage you to reach out and make connections to find what best fits your individual needs.

If you are trans or gender expansive and are required to get a second letter for affirming surgeries, Trans E Motion may be able to help with a pro bono letter. [Find out more here.](#)

Please note this list is for informational purposes only and does not constitute medical advice. If you are having a medical emergency, contact 911. Please refer any questions about your specific medical care to your provider.

[Jessica Bloom-Welford, LMFT](#) *(she/her)* **(559) 768-6105**

[Carol Montgomery Brosnac LMFT](#) *(she/her)* **(562) 277-7868**

- Practice is 100% trans & gender expansive focused

[Mandy Castanon, LMHC](#) *(she/her)* **(765) 896-5030**

- Identifies as queer
- Specializes in child/adolescent/young adults
- Works with clients of all ages

Cultural Family Therapy

- **[Angelica Ceja LMFT](#)** **(559) 500-6744**
 - WPATH trained for letters for gender affirming surgery
- **[Jordan \(Crow\) Fitzpatrick, ASW](#)** *(they/them)* **(559) 468-0689**
 - Board Member at PFLAG Fresno
 - Member of WPATH, trained to write letters for GAHC in one session
 - Queer, non-binary practitioner

[Carol Dela Torre, LCSW](#) **(559) 664-3534**

[Dr. Erika Eagerton, Nucleus Behavioral Health](#) *(she/her)*

Trained for & offers second letter from psychologist if required for gender affirming surgeries with one-hour consultation; sliding scale fee
Specializes in working with neurodiverse youth

Joe Anthony Galvan, LMFT (he/him) **(559) 550-4811**

Member of [WPATH](#)

WPATH SOC8 Certified Member and Certified Gender Specialist

WPATH SOC8 trained for letters of support/gender affirming surgery

Accepts Kaiser and Anthem Medi-Cal insurance

Matthew Knapp, LCSW (he/him) **(800) 492-4227**

Identifies as a gay, cisgender male

Practices at United Health Center- Tuolumne clinic

Safe & Affirming Counseling **(559) 528-8880**

Henry Meraz LCSW

Patrick Neely LMFT **(559) 355-2114**

Christine Paulsen, LCSW (she/her) **(661) 330-8375**

Sees clients in person in Bakersfield and in CA & NV virtually

Writes WPATH letters, no set number of sessions

Poly/BDSM/kink affirming

The Reclaim: A Therapy Collective

The Reclaim Collective focuses on helping folks heal from adverse religious experiences and spiritual trauma.

Karen Huckaby, LMFT

Naomi Wiens, LMFT

Breanna Turner, LMFT

Gretchen Copp, LPCC and LMFT

Savannah Dragonanovich, LMFT

Michele Marin, LCSW

Marcel Salery (he/him) PMHNP-BC, FNP-C **(559) 319-6975**

Psychiatric Nurse Practitioner

Provides medication management

Diana Strimling, AMFT **(559) 242-6313**

Jasmine Swalef, AMFT **(559) 440-1004**

Practices in a group practice, please ask specifically to be connected with Jasmine during intake

Specializes in LGBTQIA+, neurodivergence, and intimate partner violence

April Taylor-Salery LMFT (she/her) (559) 328-4664

Board Member of Trans E Motion

Member of [WPATH](#)

Provides letters of support for insurance for trans and gender expansive folks pro bono with one session

Lacie Turner, LMFT (they/them)- Deeply Rooted Family Counseling (559) 838-4631

Member of LGBTQIA+ Community

EMDR Certified

Play therapy

WPATH Member

Donald Turnmire, LMFT (he/him) (559) 513-9521

200-Hour Yoga Teacher Trained, Trauma-Conscious Yoga Method Certified

EMDR Certified, Consultant-in-Training

Gottman Level 2 Trained for Couples Therapy

Trained in WPATH letter writing